

Psychology | Bachelor of Arts • Bachelor of Science • Minors

Psychologists examine human behavior and help patients — young and old and from all walks of life — work through their problems. Because of its broad range, psychology students might pursue careers in clinical psychology, counseling, school psychology, social work, or family therapy, or a career in education. At Southern, students get a comprehensive education in psychology as well as focused training in their specific area of interest, whether it's the mental-health field, neuroscience, cognitive science, or applied psychology.

DEGREE PROGRAMS

Psychology, B.A. — Concentration: General | For students who have broad interests in the field of Psychology and who want the flexibility to pursue different career paths, this degree provides training in the experimental methods of scientific psychology as well as the principles of behavior and mental processes. Classes range from surveys of broad topics to an experimental psychology lab course to high-level special-topics seminars. Research internships, a thesis and an independent study project are highly encouraged.

Psychology, B.A. — Concentration: Mental Health | Students with an interest in the fields of behavioral and mental health and who plan to pursue a career in a mental-health profession will gain a solid grounding in the principles of psychology, as well as an in-depth examination of counseling, psychological assessment, and clinical psychology. A semester-long field practicum in the senior year, in which students gain hands-on experience in a professional mental-health setting, is the program's capstone.

Psychology, B.S. | Designed for students interested in pursuing research in psychology and behavioral neuroscience, assessing and testing methods, and applying principles of psychology to the workplace and public policy. Upper-level seminar choices are tailored to the student's specific interests and include courses taken outside of the major to complement the psychology coursework. The capstone of the program is a semester-long research field practicum in the senior year, in which students gain hands-on experience in a research setting.

B.S./M.S. Accelerated Pathway | This accelerated, five-year program is designed to serve students who have a variety of interests and career paths, including those who would like to strengthen their skills in pursuit of a doctoral degree in this area.

Minor in Psychological Science | The minor is an excellent choice for students who plan to apply to medical school or students with majors that will lead to careers in educational and health-care professions or in the biotechnology and information-technology fields. Students take upper-level Psychology courses that have an experimental focus and include coursework in statistics.

Minor in Psychology | This minor is an excellent complement to many different majors, including Communication Disorders, Social Work, Biology, Public Health, Sociology, Exercise Science, Special Education, Therapeutic Recreation, Marketing, Management, and Nursing. Students tailor their course selection to their interests and career goals.



For more information on program requirements, visit [Catalog.SouthernCT.edu/undergraduate](https://catalog.southernct.edu/undergraduate)

CAREER OPPORTUNITIES

There are many rewarding careers you can pursue with a degree in Psychology, including:

- Child Psychology
- Clinical Psychology
- Counseling
- Forensic Psychology
- Health Psychology
- Industrial Psychology
- Neuropsychology
- Social Psychology

EMPLOYMENT
OF PSYCHOLOGISTS
IS PROJECTED TO GROW
14 PERCENT
THROUGH 2028,
MUCH FASTER THAN
THE AVERAGE FOR
ALL OCCUPATIONS

U.S. BUREAU
OF LABOR STATISTICS

FOR MORE INFORMATION

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Expect more. Be more.
Southern.



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State University