The field of public health is continuously evolving in response to the needs of communities and populations around the world. This broad discipline that includes science, community engagement, and policy aimed at protecting and improving the health and well-being of communities.

Public health professionals work to prevent and solve public health challenges through education, policy development, advocacy, service, and research. By improving the conditions and behaviors that affect health, we can help all people attain it.

**PROGRAM FEATURES**

**B.S. in Public Health** | The program is intensively hands-on, with many class activities centering on community service, and a culminating internship where students get real world experience working with a public health or community agency. Students gain and apply public health concepts and competences through a variety of ways. Students have the opportunity to learn and apply skills within the areas such as health promotion, health equity, social determinants of health and environmental health. These opportunities include:

- **Internships** — Students are required to complete an internship, which is done directly by obtaining knowledge, skill, and competency acquisition in a variety of professional, industry, and non-profit companies and organizations.
- **Student Research** — SCSU public health students have the opportunity to work independently on their own research projects, with the option to conduct an honors thesis or compete for an undergraduate student research award on campus.
- **Faculty Research** — Public health faculty are deeply engaged with community-based research, and students have the opportunity to work collaboratively with current faculty within their areas of expertise.
- **Independent Study** — Students will develop new knowledge and scholarly inquiries within a topical area of their choice under the guidance and supervision of faculty members.

**Public Health Minors** | These 18-credit minors focus on the nature and role of the public health model as it affects health and disease. It provides knowledge and skills for those students in business administration, economics, nursing, the sciences, and other disciplines who see themselves as having professional involvement in public health issues.

- **Public Health** — Focuses on the nature and role of the public health model as it affects health and disease
- **Wellness** — Addresses personal behaviors and environmental conditions that impact the quality of personal and public health
- **Nutrition** — Provides students with a background in nutrition for personal and community application

For more information on program requirements, visit [Catalog.SouthernCT.edu/undergraduate](http://Catalog.SouthernCT.edu/undergraduate)

**CAREER OPPORTUNITIES**

Southern’s public health graduates work at local health departments, community-based agencies, hospitals, insurance and pharmaceutical companies, and nonprofit agencies like the American Red Cross. A few examples of the many other options include working in a community health center to eliminate health inequities; organizing community responses to health problems, such as lead poisoning; addressing the AIDS epidemic; promoting a healthy environment; designing public health policies and interventions; and leading international health relief efforts in less developed parts of the world.

**FOR MORE INFORMATION**

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SouthernCT.edu/admissions/undergraduate