

Recreation & Leisure Studies | Bachelor of Science • Minors

Go behind the scenes of the recreation, leisure, and tourism industries to prepare for exciting careers in event management, sport management, youth development, leisure activities, and more. Students gain classroom instruction from experienced faculty from each of these industries, and they also develop practical experience in their fields of study as part of the curriculum.

PROGRAM FEATURES

Recreation & Leisure Studies, B.S. | Concentration: Child Life Specialist
Children today confront a wide variety of stressful and potentially traumatic events that may overwhelm their natural ability to cope and heal. Child Life Specialists are trained professionals with expertise in helping children and their families overcome life's most challenging moments, particularly those related to healthcare and hospitalization. Armed with a strong background in child development and family systems, Child Life Specialists promote effective coping through play, preparation, education, and self-expression activities.

Recreation & Leisure Studies, B.S. | Concentration: Recreation and Youth Development
Students acquire leadership, programming, and management skills for careers in community and youth-based recreation service agencies and facilities that are focused on enhancing the livability of communities, improving the quality of life for all people, and promoting positive youth development.

Recreation & Leisure Studies, B.S. | Concentration: Recreation Management
This concentration will prepare students for careers in parks, recreation, non-profit agencies, and commercial recreation businesses. Leadership, programming, and managing leisure experiences for participants of all ages and abilities is a major emphasis in this concentration.

Recreation & Leisure Studies, B.S. | Concentration: Therapeutic Recreation
Students acquire the skills necessary to help improve the quality of life for people with disabilities by using recreation services and leisure experiences. Upon completion of this program, students are prepared to take the National Council for Therapeutic Recreation Certification (NCTRC) exam to become a Certified Therapeutic Recreation Specialist (CTRS).

Recreation & Leisure Studies, B.S. | Concentration: Tourism, Hospitality, and Event Management (THEM)
Students acquire the event planning, leadership, promotion and management skills necessary for an exciting career in the tourism, hospitality and event management industries. Some of the largest and fastest growing industries in the world. These industries operate worldwide in exciting work environments and provide unique employment opportunities in Connecticut and across the globe. The travel and tourism industry employs over 64,000 people in the state of Connecticut.

Minors

Event Management • Leadership Development • Outdoor Recreation



For more information on program requirements, visit Catalog.SouthernCT.edu/undergraduate

CAREER OPPORTUNITIES

Professionals trained in these fields work in a variety of settings: Hospitals and rehabilitation settings; Local, state, and federal parks and recreation agencies; private commercial enterprises; campus recreation, community sport organizations; youth development; not-for-profit leadership; travel, hospitality, and entertainment venues.

FOR MORE INFORMATION

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SouthernCT.edu/admissions/undergraduate

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